

Apply for Benefits - Out of State List

Published on Virginia Employment Commission (<https://www.vec.virginia.gov>)

[Apply for Benefits - Out of State List](#) [1]

[Español](#) [2]

If you now reside in Virginia but worked in another state during the past 18 months, you may be able to file an Interstate Claim by telephone or on the Internet. Below is a list of states that accept telephone or Internet claims.

Please note that some telephone numbers below (*) are *not* toll free.

State	Phone / TDD Number	Website
Alabama	1-866-234-5382	http://www.labor.alabama.gov/ [3]
Alaska	1-907-465-5552	http://www.labor.state.ak.us/ [4]
Arizona	1-877-600-2722	http://www.azui.com [5]
Arkansas	1-855-225-4440	https://www.dws.arkansas.gov/unemployment/ [6]
California	1-800-300-5616	http://www.edd.ca.gov [7]
Canada	1-877-486-1650	http://www.servicecanada.gc.ca/ [8]
Colorado	1-800-388-5515	https://cdle.colorado.gov/unemployment [9]
Connecticut	1-800-942-6653	http://www.ctdol.state.ct.us/ [10]
Delaware	1-800-794-3032	http://ui.delawareworks.com/ [11]
District of Columbia	1-877-319-7346	https://www.dcnetworks.org/ [12]
Florida	1-800-204-2418	http://floridajobs.org [13]
Georgia	1-877-709-8185	http://www.dol.state.ga.us [14]
Hawaii	1-808-586-8970	http://hawaii.gov/labor/ui [15]
Idaho	* 1-208-332-3574	http://labor.idaho.gov [16]
Illinois	1-800-244-5631	http://www.ides.illinois.gov/ [17]
Indiana	1-800-891-6499 (TDD * 317-232-7560)	http://www.in.gov/dwd/ [18]
Iowa	1-866-239-0843	https://workforce.iowa.gov/ [19]
Kansas	1-800-292-6333	
Kentucky	1-877-369-5984	http://www.oet.ky.gov/ [20]
Louisiana	1-866-783-5567	http://www.laworks.net [21]
Maine	1-800-593-7660	https://www.maine.gov/unemployment/ [22]
Maryland (See Note Below)	* 1-410-368-5300	http://www.dllr.state.md.us/employment/unemployment.shtml [23]
Massachusetts	1-877-626-6800	http://mass.gov/eolwd [24]
Michigan	1-866-500-0017	http://www.michigan.gov/uia [25]
Minnesota	1-877-898-9090	http://www.uimn.org/ [26]
Mississippi	1-888-844-3577	http://www.mdes.ms.gov/ [27]
Missouri	1-800-320-2519	https://labor.mo.gov/unemployed-workers [28]
Montana	* 1-406-247-1000	http://ui4u.mt.gov/ [29]
Nebraska	*1-402-458-2500	https://www.dol.nebraska.gov/ [30]
Nevada	1-888-890-8211	https://detr.nv.gov/ [31]
New Hampshire	1-800-266-2252	https://www.nhes.nh.gov/ [32]
New Jersey	1-888-795-6672	http://www.njuifile.net [33]

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New Mexico	1-877-664-6984	http://www.dws.state.nm.us/ [34]
New York	1-877-358-5306	https://www.labor.ny.gov/ [35]
North Carolina	1-877-841-9617	https://des.nc.gov/ [36]
North Dakota	* 1-701-328-4995	http://www.jobsnd.com/ [37]
Ohio	1-877-644-6562	https://jfs.ohio.gov/ [38]
Oklahoma	1-800-555-1554	http://www.unemployment.ok.gov [39]
Oregon	1-877-345-3484	http://www.workinginoregon.org [40]
Pennsylvania	1-888-313-7284	http://www.uc.pa.gov/Pages/default.aspx [41]
Puerto Rico	1-888-238-8889	http://www.trabajo.pr.gov [42]
Rhode Island	1-866-557-0001	https://dlt.ri.gov/ui [43]
South Carolina	1-866-831-1724	https://www.dew.sc.gov/applying-benefits [44]
South Dakota	* 1-605-626-3179	http://www.sd.uicclaims.com [45]
Tennessee	1-877-813-0950	https://www.tn.gov/workforce/ [46]
Texas	1-800-939-6631	https://www.twc.texas.gov/ [47]
Utah	1-888-848-0688	https://jobs.utah.gov/ui/home [48]
Vermont	1-877-214-3330	http://www.labor.vermont.gov/ [49]
Virgin Islands	* 1-340-776-3700	http://www.vidol.gov/unemployment-insurance/ [50]
Washington	1-800-318-6022	https://esd.wa.gov/ [51]
West Virginia	1-800-379-1032	http://workforcewv.org/unemployment.html [52]
Wisconsin	*1-414-438-7700	https://dwd.wisconsin.gov/uiben/ [53]
Wyoming	1-866-729-7799	https://wyui.wyo.gov [54]

Maryland claimants can also call 1-301-313-8000 to file their claim during the designated days (Wednesday through Friday between 8:00 AM to 3:00 PM only).

Source URL: <https://www.vec.virginia.gov/unemployed/file-claim/out-of-state-en?mini=2013-09>

Links:

- [1] <https://vec.virginia.gov/unemployed/file-claim/out-of-state-en>
- [2] <https://vec.virginia.gov/unemployed/file-claim/out-of-state-sp>
- [3] <http://www.labor.alabama.gov/>
- [4] <http://www.labor.state.ak.us/>
- [5] <http://www.azui.com/>
- [6] <https://www.dws.arkansas.gov/unemployment/>
- [7] <http://www.edd.ca.gov/>
- [8] <http://www.servicecanada.gc.ca/>
- [9] <https://cdle.colorado.gov/unemployment>
- [10] <http://www.ctdol.state.ct.us/>
- [11] <http://ui.delawareworks.com/>
- [12] <https://www.dcnetworks.org/>
- [13] <http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/apply-for-benefits>
- [14] <http://www.dol.state.ga.us/>

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- [15] <http://hawaii.gov/labor/ui>
- [16] <http://labor.idaho.gov/>
- [17] <http://www.ides.illinois.gov/>
- [18] <http://www.in.gov/dwd/>
- [19] <https://workforce.iowa.gov/>
- [20] <http://www.oet.ky.gov/>
- [21] <http://www.laworks.net/>
- [22] <https://www.maine.gov/unemployment/>
- [23] <http://www.mdunemployment.com/>
- [24] <http://mass.gov/eolwd>
- [25] <http://www.michigan.gov/uia>
- [26] <http://www.uimn.org/>
- [27] <http://www.mdes.ms.gov/>
- [28] <https://labor.mo.gov/unemployed-workers>
- [29] <http://ui4u.mt.gov/>
- [30] <https://www.dol.nebraska.gov/>
- [31] <https://detr.nv.gov/>
- [32] <https://www.nhes.nh.gov/>
- [33] <http://www.njuifile.net/>
- [34] <http://www.dws.state.nm.us/>
- [35] <https://www.labor.ny.gov/home/>
- [36] <https://des.nc.gov/>
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- [39] <http://www.unemployment.ok.gov/>
- [40] <http://www.workinginoregon.org/>
- [41] <http://www.uc.pa.gov/Pages/default.aspx>
- [42] <http://www.trabajo.pr.gov>
- [43] <https://dlt.ri.gov/ui>
- [44] <https://www.dew.sc.gov/applying-benefits>
- [45] <http://www.sd.uicclaims.com/>
- [46] <https://www.tn.gov/workforce/unemployment.html>
- [47] <https://www.twc.texas.gov/>
- [48] <https://jobs.utah.gov/ui/home>
- [49] <http://www.labor.vermont.gov/>
- [50] <http://www.vidol.gov/unemployment-insurance/>
- [51] <https://esd.wa.gov/>
- [52] <http://workforcewv.org/unemployment.html>
- [53] <https://dwd.wisconsin.gov/uiben/>
- [54] <https://wyui.wyo.gov>

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false,includedLanguages: 'en,zh-CN,fr,de,it,es,ar,ko,vi,ur,ne,pa,bn,am'}, 'google_translate_element');}
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